

Teaching Guide: Make Your Donation Count

Safe Produce for Food Pantries (Gardening)



Equipment needed:

1. Computer w/ power point presentation
2. Power point projector with remote
3. Screen
4. Extension cord

Supplies needed:

1. Power point presentation hard copy
2. Folders for participants
3. Pencil & pens
4. Sign in sheet/demographic forms
5. Name tents
6. Easel paper
7. Markers for easel paper
8. Glo germ with ultra violet light OR oil or Vaseline with glitter
9. If available, bacteria models and fresh produce models
10. Handouts including evaluations
11. Additional fact sheets and handouts listed in resources (optional)

Timing: Allow one hour (60 minutes) for presentation, activities and Q&A.

Brainstorming Sessions & Tools used in the presentation:

Slide #2) Brainstorming session

Have following questions written on easel paper with room to write participant responses:

1. What do you enjoy about growing fruits and vegetables?
2. What motivates you to donate fresh produce to food banks or food pantries?
3. What things do you do well in handling produce from your garden in general?
4. Is there anything that you have wondered about related to fresh produce safety that you would like to make sure that we address in today's session?

Slide #4) Brainstorming:

1. Can you think of some fresh fruits and vegetables that you remember hearing in the news being linked to foodborne illness outbreaks?
2. What surprises you about these data?

Slide #7) Handout- *Get Your Vegetable Garden Ready: Resource Guide*. Provide this resource sheet, customized for your location. Highlight resources that your learners might find particularly helpful, especially those resources that are local! You can continue to refer to this Guide in the next few slides.

Slide #11) Brainstorming

Question for the audience: Where does water come from that you use in your garden? And what do you use the water for in your garden?

Slide #11) Hand washing effectiveness – GloGerm Demonstration

Option 1. Glogerm activity: Before class, distribute props (fruit and vegetable models) that have been rubbed with glow germ, ask participants to handle them and then turn off the overhead lights and shine a black light (UV light) in the classroom so that participants can see the glowing sites on their hands indicating ‘germ’ transfer. Ask two volunteers to wash their hands. One volunteer just rinses the hands under the water. Other volunteer uses recommended handwashing technique. How effective was the hand washing?

If props are not available Start by meeting with one person per table and asking them to apply GloGerm to their hands. Ask individuals to return their table. Have everyone at the table shake hands. Use the UW/black light to see germ transfer. Follow with the handwashing activity. The glow germ also shows the areas on the hands to pay particular attention to when hands are washed because the glow germ is more prevalent (creases of fingers and etc.).

Option 2. If glow germ not available, combine glitter with Vaseline or oil. Ask at least a few participants to rub this on their hands and try to wash it off! The glitter represents bacteria that can be on our hands.

Training handout: A training handout using the GloGerm activity is available online from Purdue University - Germ Warfare 101 Instructions
<https://extension.purdue.edu/4h/Documents/Volunteer%20IN%204H%20Toolkit/Germ%20Warfare%20101%20Instructions.pdf>

Slide #14 Volunteer management can be a challenge for a community garden or a food pantry garden. Plan to spend some time on this slide, sharing ideas to support this activity.

Slide #18 See the **Storage for Quality handout**. Provide additional handouts from the Resource Guide or point participants to the additional information.

Slide #19 Brainstorm

1. What are some things you do to make your donation more effective?
2. What are things you can do better?

Consider timing of the harvest and donation, culture relevance, nutrition, preferences, etc.

Tips for planning ahead in the season

1. Why plan early in the season?
2. What can you do in the middle of the growing season?
3. What can you do during harvest time?

Slide #20 Handout Garden Donation Checklist

Slide #23 Handout Evaluation